

**FINANCIAL MENTOR TRAINING &
COMMUNITY SERVICES****SELF & SAFETY:
SELF AWARENESS,
ADVANCED
COMMUNICATION,
AND PERSONAL
SAFETY****LANCE BURDETT**Auckland 14 October 2026, 9.00am - 3.45pm
Novotel, Ellerslie Racecourse

***Lance Burdett** – former construction manager turned lead crisis negotiator. With 22 years in the NZ Police, 13 as a crisis negotiator, Lance trained with top-tier tactical units across the globe. He holds multiple diplomas and a Master's in Terrorism, Safety & Security, and now blends tactical insight with psychological wellbeing. A bestselling published author of three books and trusted media voice, Lance helps people stay safe, stay well, and stay connected through keynotes and workshops.*

Our world is changing and having an impact on many. Lance will speak about the effects and how to overcome them from what neuroscience and contemporary research reveals. He will cover topics on; why it is that people are feeling overwhelmed with fluctuating emotions and how to manage escalating situations. Lance will cover how to de-escalate people in heightened states using verbal and non-verbal techniques, as well as what to do in an emergency. Additionally, he will show us how to motivate and energise ourselves across the day, how to switch off at the end of a busy day, and how to have a more restful sleep.

We each have unique values and behaviours that influence how we adapt to change and build stronger relationships. In this 6-hour workshop, you'll explore self-awareness, identify triggers, and understand how learning styles shape personal traits. We'll uncover how values, ethics, and biases impact decision-making and teamwork, and discover practical ways to stay flexible and motivated. Walk away with strategies to improve collaboration, adaptability, and workplace enjoyment.

Auckland 14 October

**TIME** 9.00AM - 3.45PM**Cost \$85 Not for profit. Corporate \$140 (Discount available for CBNZ Members)**
THANKS TO NZ LOTTERIES FOR SUPPORTING THIS EVENT

Numbers limited. Book early to avoid disappointment.

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